

STANFORD GIRLS WATER POLO

FALL 2010 AGE GROUP

WATER POLO PROGRAM

SPEEDO CUP NATIONAL AGE GROUP CHAMPIONSHIPS PARTICIPANTS
Girls 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2006, 2007, 2008, 2009



The Program

The Stanford Water Polo Foundation offers a fall program for girls in elementary and middle school. The program is geared toward players of all levels- **beginning, intermediate and advanced**. Children with strong swimming skills can begin as young as eight years old.

GENERAL INFORMATION

First Meeting

The fall season starts with a group meeting with all coaches, players and parents on **Wednesday, September 8th at 6:15 pm at Stanford's Avery Aquatic Center**. Following the meeting the athletes will get in the pool for practice.

Length of the Fall Season

The last workout is Nov 3rd and last competition is Nov 7th. If our A team qualifies for the Speedo Cup National Age Group Championships, held annually in the Midwest, selected players will continue to train until they travel, Nov 11-14, 2010.

U.S. Water Polo Membership

Athletes must also be registered with and show proof of USA Water Polo membership, through the end of 2010. If you need to do this, you have to do it online at www.usawaterpolo.org (follow the link to Join USWP). To be eligible for Speedo Cup athlete must be a GOLD Member, not a Trial or Silver member.

Our club: Stanford Water Polo Foundation, Club #570, Pacific Zone.

Be sure your daughter is a member of our club, not another club, or else she will not be able to compete in games.

Sign-Ups Pre-registration is recommended. Please mail the form and fee by Sept 3rd to ensure delivery.

The cost for the Fall season is \$410.

There will be a \$25 late fee for all registrations after Sept 3 and those received on the first day of practice.

Drop Off Time

Please arrive on time. Workouts begin promptly at 6:15 on the upper deck of the complex. Athletes should be dropped off in the Sunken Diamond parking lot and will have to walk around the facility to the main entrance.

Pick-Up Time

It is our club policy that we do not leave the facility until all athletes are picked up. Our athletes' safety is our number one concern and one we take very seriously. Workouts conclude at 8:15 pm. Please allow up to 10 minutes for the athletes to finalize cleanup, change and walk to the parking lot. Athletes should be picked up in the same parking lot they are dropped off at.

Listed in the Club Manual and on the Policy page on the website is the Late Pick-up Policy and Fee structure, which begins at 8:15 pm.

Coaching Staff

Kelsey Holshouser – 2010 Age Group Head Coach, 2010 Stanford graduate and team captain.

Jessica Steffens – 2008 Olympian, 2010 Stanford All American and team captain.

Brenda Villa – 2000, 2004, 2008 Olympian, '03 Stanford alum, FINA Athlete of the Decade.

For more information, visit our club website at <http://www.stanfordwaterpolo.com> or contact Kelsey Holshouser at kelsey@stanfordwaterpolo.com, or 714-801-1081

WORKOUT GROUPS and DUES

Practice Times & Groups

The team practices two nights a week. Workouts begin Wednesday, Sept 8th.

Group	Age / Grade / Ability	Sept 8 – Nov 3	Location	Dues
Age Group	7 th and 8 th graders, and experienced 6 th graders	Mondays & Wednesdays 6:15-8:15 pm	Stanford	\$415
Jr Polo	New 6 th graders and all 5 th graders/under (11/unders)	Check website for Jr Polo Information (info will be posted soon)		

COMPETITION INFORMATION

Competitions -

Stanford Water Polo Foundation will be entered in the Pacific Zone Fall Water Polo League. There are 2 divisions, 6th grade/under and 8th grade/under. We will enter teams in both divisions so all players will have the opportunity to participate.

Sun – Sept 19 League Games
Sun – Oct 3 League Games
Sun – Oct 10 Speedo Cup Quals (top team only)
Sun – Oct 24 League Games
Sun – Nov 7 League Championships
Sat-Mon, Nov 11-14 Speedo Cup (site TBD Mid West) (top team only)

USA Water Polo “SPEEDO CUP” is the Age Group National Championship for the Fall. This is the only National Championships USAWP has outside of the summer. There are 12 teams that are awarded spots. One from each zone plus the host zone. We have qualified and attended 12 of the past 13 years. It is our goal to attend once again.

***** Everyone needs to complete a Tournament Availability Form below and return it with your registration form and fee for us to determine how many teams to enter into the Pacific Zone League competition days. *****

2010 STANFORD FALL WATER POLO
REGISTRATION FORM

ATHLETE INFORMATION

1.

Player's Name	Birthdate	Age
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Player's email (if applicable, family email below)	School	Grade in 10-11 year
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USWP # and expiration date	Known Allergies	

2.

Player's Name	Birthdate	Age
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Player's email (if applicable)	School	Grade in 10-11 year
<hr/>		
USWP # and expiration date	Known Allergies	

PARENT INFORMATION

Parent(s) Name	Phone #	Emergency Phone #
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Family Address	City	Zip
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Family Email		

The undersigned, in accepting the right to participate in the Stanford Water Polo Fall Program and activities, waives all rights and claims for injuries or damages for negligence or otherwise, against Stanford University, Stanford Women's Water Polo Endowment Fund, Tanner Water Polo Corporation, Palo Alto High School, Gunn High School, Castilleja School, their agents, servants, directors and employees by reason of participation in these activities and programs of the Stanford Female Water Polo Program.

Parent/Guardian's Signature	Date
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Please make your check payable to: TWPC (Tanner Water Polo Corporation)
\$410 for Age Group (a \$40 reduction is available for additional sisters)
(a \$25 late fee will be assessed if received after the Sept 3 deadline)

Please mail this registration form and your payment to: **Tanner Water Polo Corp.**
PO Box 19620
Stanford, CA 94309

Pre-Registration is highly recommended.
If not mailed by Sept 3rd please complete registration form and bring it to the first meeting, with the \$25 late fee

Be sure to return your Tournament Availability Form with your registration form.

